

The Happy Sage

SUPER YOUTH FACE ELIXIR

**How to make an
extremely
effective face oil**

*when trying out any new product it is
recommended you carry out a patch test
first*



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recipe

Super Youth Face Elixir

makes 2 x 30ml
bottles (60ml)

Base Oil:

16ml jojoba
10ml blueberry
10ml rosehip
6ml argan
6ml watermelon
6ml pumpkin
4ml vitamin e

Essential Oils:

20 drops helichrysum
12 drops frankincense
10 drops roman chamomile
6 drops elemi
6 drops rose geranium
5 drops myrrh

Containers:

2 x 30ml bottles with pipettes

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instructions

Super Youth Face Elixir

makes 2 x 30ml
bottles with
pipettes (60ml)

Carefully measure out the base oil ingredients into a glass measuring beaker.

Measure the essential oils into a glass measuring cylinder.

Add the essential oils to the base oils and stir with a glass rod.

Measure 30ml into a measuring cylinder and using a small glass funnel decant into a bottle and screw in pipette closure top. Repeat for remaining bottle and label.

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A close-up photograph of a woman with a dark grey towel wrapped around her head like a turban. She has her eyes closed and is using her fingers to apply a product to her face, specifically around the nose and cheek area. The background is a plain, light-colored wall.

Super Youth Face Elixir

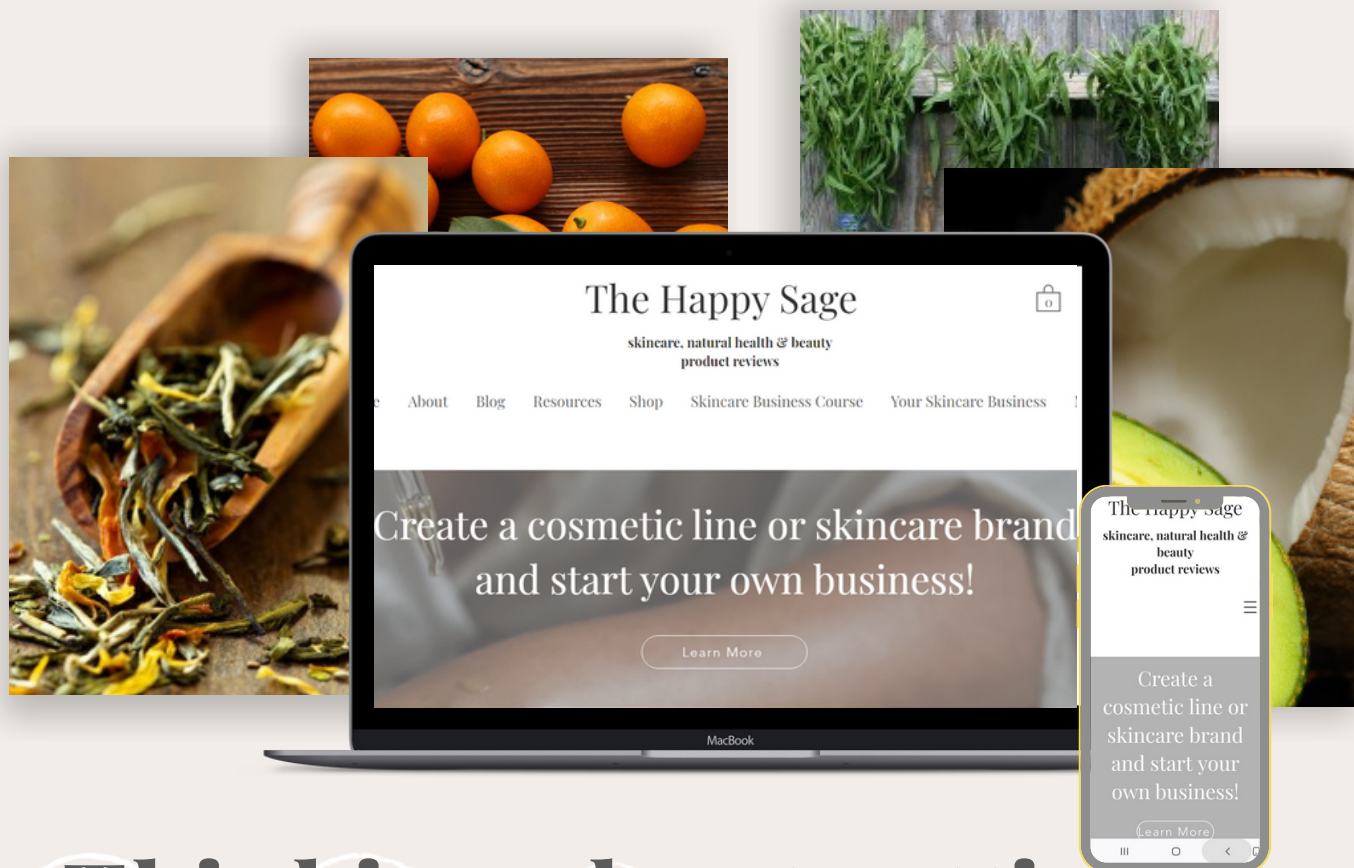
How to use

Ensure that you use the face oil on freshly cleansed skin. If you apply before bed you can also gently exfoliate as well to aid penetration.

After cleansing and/or exfoliating, rinse face well with warm water and pat dry. Whilst skin is still damp apply 3 - 4 drops of oil from the pipette into the palm of your dry hand. Rub your hands together a couple of times and then press the palms of the hands all over the face. Make sure you apply the oil to the whole face. Wait a few minutes and then apply an eye product under eye if using (Epic Eye Oil is fabulous for this). Leave a few minutes to absorb if applying make-up.

Can be used morning and evening.

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